

THERAPEUTIC MASSAGE

Benefits of therapeutic massage:

- » relieves stress and muscle tension/spasm
- » provides greater joint flexibility
- » enhances physical treatments
- » improves circulation and stimulates the lymphatic system
- » strengthens the immune system

SWEDISH

A relaxing massage using a special technique called tapotement, a stimulating stroke that can increase circulation and release lymphatic build up.

30min · \$55 / 60min · \$100

DEEP TISSUE

Massage therapy that realigns deeper layers of muscles and connective tissue. The massage strokes are slower and the pressure is deeper and concentrates on areas of tension and pain from physical or sports activities.

30min · \$60 / 60min · \$100

HOT STONE

Heated, smooth, flat stones are used to massage the body. The heat warms and relaxes the muscles so deeper pressure can be applied to release tension and pain.

30min · \$65 / 60min · \$125

PEA IN THE POD

Tailored to the specific needs of pregnant women and their changing bodies, this massage relaxes tense muscles, eases sore spots and improves circulation. 30min · \$55 / 60min · \$100

COUPLES

You and your loved one can experience calming and relaxing massages in the same room.

30min · \$95 / 60min · \$180

REFLEXOLOGY

Your therapist will stimulate the points on your hands and feet that correspond to parts of your body. This treatment releases tension and soreness and leaves you feeling relaxed and invigorated.

30min · \$55 / 60min · \$100

FACIALS

All facial treatments are customized and include:

- » Skin Analysis
- » Deep Pore Cleansing
- » Exfoliation
- » Hand, arm, décolleté and face massage

Apple Signature

We use Om Aroma & Co's exclusive products. The unique blend of white truffle extract, champagne grapeseeds, Manuka honey and CoQ10 leave your skin luxuriously smooth. \$100

Collagen Enhancement

This ultrasound treatment generates heat below the skin to increase blood flow, relax muscles and improve lymphatic flow to remove toxins. The sonic vibrations stimulate collagen production to reduce fine lines and wrinkles. \$110

Deep Cleansing with Extractions

This therapeutic treatment removes dull surface cells and debris from pores, leaving your skin clean, fresh and revitalized. \$80

Antioxidant Facial

We use Vitamin C and freeze-dried seaweed to improve elasticity, reduce fine lines and brighten your skin. \$80

Rosaceous Calming Treatment

Helps calm redness and irritation caused by rosacea. \$80

Teen Acne Treatment

Exfoliation to decrease clogged pores. This nourishing treatment helps brighten and smooth teen skin. \$70
Six weeks of teen facials and a full Pevonia Spa Teen Product Kit. \$380

Back Facial

This is an excellent pre-event treatment to improve your overall appearance. \$80

Freshen Up Facial

Customized and fast to fit into your busy lifestyle. (30 min) \$45

Microdermabrasion

Microderm Facial

This is a non-invasive, safe, effective way to rejuvenate skin, diminish fine lines and wrinkles, hyperpigmentation, acne scars and dullness. Diamond tips rub off the outermost layer of skin cells while the vacuum removes particles and increases circulation, stimulating collagen and elastin production. \$110

Additional treatments. \$75

Microderm facial plus 6 treatments \$375

FACIAL PEELS

Lacto-Flora Peel

This anti-aging peel diminishes fine lines, lightens hyperpigmentation and reduces other signs of aging. We use lactic acid to lighten, brighten and moisturize your skin. \$60

Floracide Peel

We use flower acids to improve your skin's texture, help control acne and clogged pores. Excellent for sensitive skin. \$60

BODY TREATMENTS

Full Body Wrap with Moor Mud

A healing, toning and rejuvenating treatment which helps relieve muscular tension from stress and chronic conditions. 90min · \$125

De-Aging Body Wrap

Mango-Passion fruit helps smooth wrinkles, strengthen elasticity, nourish and brighten skin while de-stressing and relaxing your body. 90min · \$125

OTHER TREATMENTS

Lip Smoothing

This retinol treatment helps diminish fine lines around the lips. \$20

Luxurious Anti-Aging Hand Treatment

The healing Manuka honey and organic sugar are combined with the nourishing ingredients of aloe, oatmeal, coconut and Chardonnay grapeseed oils for deep hydration. \$15

Warm Hand and Foot Treatment

Our eco-friendly, petroleum-free paraffin provides warmth while moisturizing and smoothing. \$25

Anti-Stress Eye Treatment

This treatment diminishes wrinkles and puffiness due to stress and fatigue. \$25

Anti-Wrinkle Treatment

A natural alternative to Botox. Recommended for mature skin. \$20

Apple Signature Club Membership

Each membership includes:

Each month receive either a one hour full body massage or an Apple signature facial.

*Hot stone massage upgrade for an additional fee.

15% off any additional spa service

15% off all retail items

For an extra bonus, host 1 friend a month and they will receive 15% off any spa service. You will receive a free paraffin hand and foot treatment.

Monthly fee is \$75 (savings of \$300 a year)

Credit card will be charged the first of every month.

Memberships require a six month contract.

Services do not roll over.

*With a 1 year contract, receive a free service.

APPLE  REHAB

Sport & Spa

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100 Retreat Ave #306
Medical Arts Building
Hartford CT 06106
860.527.3097

51 East Main St.
Route 44
Avon CT 06001
860.404.2461

Spa Services

applerehabsportspa.com